

BDAS Acupuncture assessment

Acupuncture assessment MCQ

Please answer true or false on the mark sheet, or insert a single option if this is requested.

There may be more than one correct answer.

Question 1 – T/F

Acupuncture is

- a. A traditional technique
- b. A placebo
- c. A sham
- d. 100% effective
- e. Ineffective for osteoarthritis

Question 2– T/F

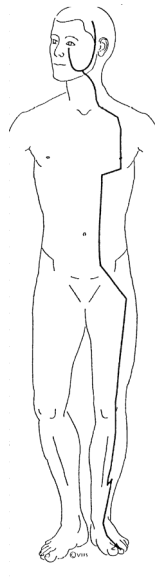
From a western medical approach - Acupuncture is indicated for

- a. Pulpitis
- b. Sinusitis
- c. Migraine
- d. Asthma
- e. Periodontal disease

Question 3

Name the meridian – single answer – choose a-f

- a. Small intestine
- b. Large intestine
- c. Stomach
- d. Liver
- e. Governor vessel
- f. Heart



Question 4

Acupoint Large Intestine 4 is found – single answer – choose a-f

- a. On the chin
- b. On the hand
- c. On the arm
- d. On the leg
- e. On the neck
- f. On the head

Question 5 – T/F

Acupuncture as practiced by dentists is indicated for

- a. TMD
- b. Headache
- c. Tennis elbow
- d. Hypertension
- e. Vague pain

Question 6 – T/F

The mechanism of Acupuncture may be explained by

- a. The gate mechanism
- b. Segmental effects
- c. The GABA system of neurotransmitters
- d. The de-qui sensation
- e. The action of endorphins

Question 7 – T/F

The acupuncture needle is in the correct place when

- a. The patient feels nothing
- b. The patient reports the de-qui sensation
- c. The needle is inserted to the handle
- d. The patient reports significant pain
- e. The patient develops a facial nerve palsy

Question 8 – T/F

Complications from acupuncture

- a. Include bruising
- b. Never happen
- c. Include exacerbation of symptoms
- d. Include penetration of organs
- e. Are common

Question 9 – T/F

Responses to acupuncture

- a. Are generally favourable
- b. 30% do not respond
- c. Always occur immediately
- d. May be temporary
- e. Are generally apparent within three to five visits

Question 10 – T/F

Acupuncture points

- a. Are identified by firm pressure
- b. Are anatomical structures
- c. Are always co-incident with muscular trigger points
- d. Are variable in size
- e. Show reduced skin electrical impedance

BDAS Basic knowledge assessment		
Question		Answer T/F or letter
N° 1		
	a	
	b	
	c	
	d	
	e	
N° 2		
	a	
	b	
	c	
	d	
	e	
N° 3		
N° 4		
N° 5		
	a	
	b	
	c	
	d	
	e	
N° 6		
	a	
	b	
	c	
	d	
	e	
N° 7		
	a	
	b	
	c	
	d	
	e	

N° 8		
	a	
	b	
	c	
	d	
	e	
N° 9		
	a	
	b	
	c	
	d	
	e	
N° 10		
	a	
	b	
	c	
	d	
	e	

BDAS Acupuncture treatment portfolio proforma

Use the proforma to record the details of patients and treatments as evidence of practice.

- Include your practice profile, and your acupuncture training as an introduction to the portfolio, like a CV. You should then record your acupuncture activity with the proforma record sheets below. You may modify these to fit your own format.
- There should be a mix of cases. This may also include one case for which acupuncture proves inappropriate.
- Include at least one TMJ and one Gagging case.
- Record outline patient details, including the age.
- Record the presenting complaint, your investigations, and diagnosis.
- Record your treatment plan, and the treatments given.
- Record the outcome of treatment.
- In the following section record your thoughts on each case. Look at what went right, or what went wrong; problems can be as instructive as success. Look at what you may improve next time. If possible, quote evidence to support your submissions.
- Clinical photographs: if you are able to submit a clinical photograph this will be helpful. Record points of interest on the proforma. You may also wish to submit other material for assessment in this section.

You need to submit 10 cases, along with the completed MCQ paper to the BDAS

Aspect	Details
Patient details and age	
Presenting complaint and diagnosis	
Treatment plan Include both conventional and acupuncture treatments	
Outcome Include here the positive and negative effects of treatments	

**Audit
and reflection.**

Use this section to consider and critique your treatment for the patient; consider what you may have altered, improved, or omitted.

Clinical photographs

Please record acupuncture sites and observations here	
Please record acupuncture sites and observations here	

PORTFOLIO MARKING SCHEME

The portfolio will be marked according to the criteria below:

1. Range of cases presented. Minimum of one each of gagging, and TMD. Complexity of cases should also be mixed. Demonstrate understanding of treatment limitations that may occur with complex cases. Cases need not have perfect results.
2. Demonstration of decision making process: Diagnosis, investigations, treatment planning, expected outcomes.
3. Demonstration of clinical application with appropriate techniques.
4. Demonstration of ability to analyse and evaluate the individual needs of each case.
5. Demonstration of ability to evaluate responses of patients, and then synthesise treatment modifications, or analyse and synthesise prognosis
6. Demonstration of professional attitudes with reflective practice

Criteria	Minimum pass
1. Minimum cases	10 cases – to include one of gagging, and one of TMD.
2. Decision making	Clear evidence of diagnostic process, appropriate investigations, and treatment planning. Some understanding of the expected outcomes.
3. Clinical Application	Appropriate choice of acupuncture sites/approaches.
4. Analysis	Clear evidence of an individual approach to each case
5. Evaluation	Evidence of a review of responses, with understanding of the responses and appropriate forward planning
6. Professionalism	Evidence of professional attitudes and reflection on cases

Multiple choice assessments, and portfolios should be returned to:

Dr T Thayer
Trafalgar House
14 Barker Street
Nantwich
Cheshire
E: tomthayer@o2.co.uk